



K4 Sports - Victory Lane Sports Park

Kickball Rules and Regulations

1) TEAM REGULATIONS

A) **Rosters** must be completed and received by the Sports Director at the time of registration. It is the team captain's responsibility to see this is done. Teams must have a minimum of 10 players (5 men & 5 women) on their official team roster (maximum of 20 players). Teams will have until the 3rd week of scheduled games to adjust the roster.

- (1) Teams must have a minimum of 8 players (4 men & 4 women) to start and finish a game.
- (2) A maximum of 10 players (5 men & 5 women) may play the field; women may exceed men.
- (3) Teams may have up to 20 kickers (a maximum roster), but at no time are members of the same gender allowed to kick back to back. The kicking order must alternate male/female or female/male, except when women exceed men, but at no time may two men kick back-to-back. If you have additional players not in the starting line-up, an unlimited substitution rule will apply. However, all substitutions must always be male-for-male, female-for-female or female-for-male, for both the defensive lineup and the kicking order.

2) GAME REGULATIONS

- A) Game time begins when the umpire announces the start of play. The umpire will announce game time to eliminate any discrepancies in the time limit.
- B) All games will be at least 55 minutes or 7 innings, whichever occurs first.
Exception: See Game Regulations - rule F. No new inning may start after 50 minutes.
- C) Games may end in a tie. Four (4) innings, or 3 ½ if home team is ahead, shall constitute an official game. **Exception: See Game Regulations - rule F.** If a game is postponed before it becomes official (including potential forfeits), the full game will be rescheduled as long as the schedule permits makeup-games.

- D) Game time is starting time. However, if one team does not have 8 players or an equal male to female ratio, a 10-minute grace period can be given at the discretion of the other team's manager; with the understanding that the 55-minute game clock has started. If both teams have fewer than 8 players or an unequal male to female ratio, both teams will have up to 10 minutes to field their teams. If after the 10-minute grace period one or both teams do not have 8 players or the proper male to female ratio, the game will be forfeited.
- E) If an injury to a female creates an excess of male players, then a male must sit out or be replaced by a female to maintain the male/female ratio. If the team has less than ten players and an injury occurs to a female, a male must also sit out to maintain the male/female ratio. Injured players are not eligible to return for the remainder of the game.
- F) Run rule: A game shall be called if a team is ahead by 15 or more runs any time at the end of three (3) innings. A game shall be called if a team is ahead by 10 or more runs at any time after the end of five (5) innings.

3) PITCHING & CATCHING

- A) No "bouncies" are allowed. A pitch that bounces higher than 1 foot, at or through the plate, will be called a ball. The ball must also touch the ground at least once before reaching home plate.
- B) The pitcher must release the ball by hand in an underhand motion from the pitching rubber and must remain inside the pitcher's circle until the ball is kicked. If the line is crossed, the pitch will be ruled a ball. No overhand pitching.
- C) The catcher must field behind the kicker and cannot cross home plate or the kicker until the ball is kicked. At no time can the catcher impede the progress of the kicker prior to the kick. Catcher interference will result in a ball being called.
- D) No fielder may cross the 1st – 3rd diagonal until the ball is kicked. No outfielder may cross the infield circle until the ball is kicked. Failure to abide will result in a ball being called. If as a result of the player crossing a line too early they are able to tag or throw out a runner, that runner is ruled safe and awarded the base.

4) KICKING

- A) All kicks must occur at or behind home plate and within the kicker's box. If any portion of the kicker's plant foot is touching home plate or the kicker's box, the kick is legal. If the entire plant foot goes beyond home plate or the kicker's box, the kick will be illegal and called a strike. A legal kick can come from any part of the kicker's leg below the knee, but can only be touched once by the kicker.

B) Balls and strikes will be called by the umpire (3 pitch strikes / 4 balls). The strike zone is defined as home plate plus the width of the ball on either side of the plate and no more than 1 foot above the plate. Kickers will also be allowed a total of 4 foul balls during an at bat before being ruled out ... foul balls do not count as a pitch strike.

(1) A STRIKE IS:

- (a) A ball within the strike zone that is either not kicked or missed by the kicker.
- (b) A kick from in front of home plate.
- (c) A foul ball when the strike count is at zero (0) or one (1), or a second foul ball after a two-strike count.

(2) A BALL IS:

- (a) A pitch outside the strike zone.
- (b) An illegal pitch – a ball that is higher than one foot in the strike zone.
- (c) Called when any fielder advances past the diagonal before the ball is kicked.
- (d) A ball entering the strike zone from the side. The ball **must** enter the front of the strike zone.

(3) A FOUL IS:

- (a) A kick landing out of bounds;
- (b) A kick landing in bounds, but traveling out of bounds on its own at any time before reaching first or third base. (Any ball, in flight or on the ground, that is touched over fair territory by a player before it goes out of bounds is automatically in play);
- (c) A kicked ball touched more than once in foul territory or stopped by the kicker in foul territory;
- (d) A kicked ball in flight over foul territory touched by a fielder and not caught;
- (e) A kick made above the knee.

(4) Four (4) foul balls constitute an out regardless of the ball & strike count.

(5) Bunting is allowed.

5) BASE RUNNING

- A) Leadoffs or stealing is not allowed. The runner must remain on the base until the ball is kicked. Violation of this rule will result in the runner being called out.
- B) Base runners must remain within the “base line” when running from base to base.
- C) A runner will be called out if they are hit or touched with a ball below the shoulders, while not on a base. Any runner hit above the shoulders with a thrown ball is declared safe and awarded an extra base. If a runner intentionally uses their head to block the ball (umpire discretion) they will be out.
- D) A runner will be called out if they are hit anywhere with a ball kicked by the kicker (teammate).
- E) Overthrow rule only applies if the ball travels out-of-play. Out-of-play occurs when: the ball goes into a dugout, over the fence in foul territory or into an out-of-play area beyond the normal boundaries of the field, such as hitting a tree, entering a body of water, crossing a sidewalk, etc. Runner(s) advance to the base en route when the overthrow occurs, plus one.

6) INNINGS

- A) Three (3) outs by a team constitute a half-inning. AN OUT IS:
 - (1) A count of 3 strikes or 4 **foul** balls; kickers start with a 1-and1 count.
 - (2) A runner touched by the ball at any time while not on base.
 - (3) A force out at any base.
 - (4) Any kicked ball, fair or foul, that is caught before touching the ground.
 - (5) A runner advancing off the base before the ball is kicked

7) OTHER

- A) Suspension of play:
 - (1) When, in the judgment of the umpire, all immediate play is apparently completed, the umpire should call time.
 - (2) Some out-of-play areas will be marked, but the umpire can rule any out-of-play at his/her discretion, especially for the safety of players and spectators.

B) Official baseball/softball rules will apply when pertaining to;

- (1) Fair vs. foul ball, once kicked.
- (2) Tagging up.
- (3) The base line.
- (4) Infield Fly.
- (5) Base coaches.

8) EQUIPMENT/SAFETY

A) Victory Lane Sports Park will provide the official game ball.

B) Metal cleats are prohibited.

C) Uniforms are not required, but highly recommended to distinguish infielders from base runners.

9) PLAYER CONDUCT

A) Any physical or verbal assault upon an official, staff member, player and/or spectator will result in automatic suspension, which may be extended for up to a lifetime as deemed proper by the Sports Director. This includes any inappropriate behavior or abuse towards officials, staff, players and/or spectators, on or off the field, prior to, during, or after a game.

B) Obscene and/or abusive language, threats, and other unsportsmanlike acts are grounds for player/coach ejection, suspension and/or game forfeiture. The Sports Director will determine future game suspensions after reviewing the circumstances of the player(s) ejection.

C) Once ejected from a game a player must leave the playing field **and the park area as well**. Actions of the player(s) once ejected are still the responsibility of his/her team. Teams are also responsible for the conduct of their spectators.

D) Any player/person ejected from their game will also be suspended for at least the following week's scheduled games. If the next week's scheduled games are postponed for any reason, the suspension will count toward the next scheduled games. The Sports Director will determine the severity of the suspension, which could be up to a lifetime depending upon the severity of the situation. The suspended player/person is not allowed at the ball field, park or facility while serving their suspension.

10) RAIN PROCEDURE / GAME RESCHEDULING

When in doubt about weather conditions causing game cancellations please call the following number after 3PM:

Sunday thru Friday, after 3pm Weather Hotline @ (623) 581-9364.

It is your responsibility as a team manager to be in contact with the Sports Staff when there may be a possibility of canceled games due to inclement weather. Rainouts will not be determined prior to 3PM.

After games have been canceled due to weather problems, it is your responsibility to contact the Sports Director for your newly rescheduled game time and date. Games that must be rescheduled will be rescheduled by the following week.

www.playvictorylane.com

